



Child Development Centre

(An autonomous Centre under Government of Kerala)

Medical College Campus, Thiruvananthapuram - 695 011, Kerala, India

Phone : 0471 - 2553540 Fax : 0471 - 2447061

E-mail : cdctvpm@gmail.com, cdckerala@rediffmail.com

Website : www.cdckerala.org

Centre of Excellence in Child Adolescent Development Research, Teaching, Training, Clinical and Community services

To

The Director
Women and Child Development Department
Poojappura
Thiruvananthapuram

Sir

Sub: Requesting the retraining of School Counsellors in the State level NCD prevention program for Higher Secondary school students, reg-
Ref: GO (Rt) No. 3151/2021/G.Edu, Dtd 26.6.2021

In view of the rising levels of Non-Communicable disease morbidity and mortality, preventive measures need to be undertaken to limit their catastrophic health, and socio-economic impacts. As these diseases are mostly a result of unhealthy lifestyle practices, preventive measures need to be aimed at limiting unhealthy behaviours, early screening and interventions. A Study conducted by CDC in 2019-2020 among nearly 2000 higher secondary school students came out with some alarming findings like one third of students were observed to have elevated blood pressure, overweight & obesity in one fifth of students and high stress levels in more than one tenth of students.

It is in this context that Directorate of General Education, Higher Secondary wing entrusted Child Development Centre to conduct a program entitled "Prevention of Non Communicable Diseases: Life Style Disease Screening and Intervention Program For Higher Secondary School Students in Kerala"(GO (Rt) No. 3151/2021/G.Edu, Dtd 26.6.2021) in 820 Government Higher Secondary Schools in Kerala. For the successful implementation of the program, we request the support of school counselors also in this program. We have already trained the school counselors six months back. Now we are planning to conduct one online refresher training for them on 20th October, 2022 from 2 – 3.30 pm. Under these circumstances, I request you to kindly depute the School Counsellors to attend the program and provide their valuable support in this program.

Thanking you

Yours Sincerely

Handwritten signature and date: 19/10/22

Dr Deepa Bhaskaran
Director (I/C)

Endt. No. 11222/1005 A6 ... തീയതി 19.10.2022

ഈ കൗൺസിലർമാർക്ക് ഓൺലൈൻ ക്ലാസ്സിംഗ് നൽകണമെന്നും

ഭേദം കണ്ടാൽ താഴെ പറയുന്ന വിവരങ്ങൾ നൽകേണ്ടതാണ്.

പേര്, ജില്ല, സ്കൂൾ നമ്പർ, സർക്കാർ/പ്രൈവറ്റ് സ്കൂൾ, ഡി.പി. ഓഫീസ്, ടി.പി. ഓഫീസ്, ടി.പി. ഓഫീസ്

Handwritten signature and text: ഡി.പി. ഓഫീസ്, ടി.പി. ഓഫീസ്